



Centro Tyrone Guzman 2016 Annual Report

*Supporting Chicano Latino Communities
Since 1974*



CENTRO
TYRONE GUZMAN

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Embracing Change Through Tradition

In 1974, Marcela Trujillo founded Centro Cultural Chicano to advocate for equal rights for all community members. Marcela's vision of a Centro for Chicanos started when she taught English to women who wanted to continue their education to better support their children. She would have been proud of the adult students who did not have an opportunity to complete their primary or secondary school, but at 67 are continuing their studies in our program to do better at their jobs and make their children and grandchildren proud. Today, at Centro Tyrone Guzman, we provide our children, teens, elders and their families the knowledge and skills to make a difference in their lives and their communities: embracing change while honoring our culture and traditions.

Latine¹ teens are working creatively to continue Marcela's work using videos, podcasts and art to tell their stories and visions for the future. Together, with Latine artists Leilani Mendoza and Andres Guzman, teens painted a mural that reflects on their roots and identities. The mural includes images of the farms where their parents used to work and the farms they want to support and create: farms where entrepreneurs like Eduardo Rivera grow organic food, but most importantly provide a place where young Latine farmers can learn, and the community can gather and share healthy foods, ancestral recipes and their traditions.

Elders and women give kindly their time and creativity to prepare and present plays for the community. This year, in partnership with Teatro del Pueblo and writer Silvia Pontaza, they presented: "El Retorno," a play that illustrated the importance of carrying on cultural traditions celebrating Day of the Dead and traditional ways of healing that embrace the wisdom of older generations.

An intergenerational approach is part of all our programs, as is our understanding that the well-being of our community requires a holistic approach. Young children in Siembra Montessori excel in math and reading, but also have compassion for others and care for their environment. They work alongside Raices teens and Wise Elders in our gardens, and they invite their families to enjoy salads they have prepared together. It is at these gatherings, graduations and celebrations where we feel that Marcela's vision of a strong connected community can be achieved.



Our Vision

We envision a vibrant, diverse and inclusive Latino community that belongs and contributes to the social and economic vitality of Minnesota.

Our Mission

To contribute to the well-being and full participation of Latines through education and family engagement.

¹Centro Tyrone Guzman has chosen to use "e," in place of the Spanish use of masculine "o," to include people of all genders. We are committed to gender inclusion and recognize the important contributions that all persons make to our communities.

Education

Centro Tyrone Guzman's Education programs encourage and support a lifelong commitment to learning. In 2016, more than 338 individuals participated in our education programs.



Siembra Montessori

Siembra is a licensed, nationally accredited, Spanish/English dual-language Montessori early childhood learning center. The success and effectiveness of the Siembra Montessori model recently received national recognition by the White House Initiative on Educational Excellence for Hispanics. Siembra was selected as one of approximately 230 “Bright Spots” from around the country that invest in key educational priorities for Latines. In 2016, the program served 38 children ages 3-6 and 64 parents and caregivers.

In the 2015-16 school year we achieved the following outcomes:

100% of four-year-old children tested “ready for kindergarten” as measured by the research-based Work Sampling System assessment.

100% of kindergarten children tested “proficient” in 90% or more of academic indicators for their age.

100% of parents attended parent teacher conferences.

92% of parents increased knowledge of the importance of school readiness for their children.

Be@school

Centro Tyrone Guzman offers culturally responsive services to Latine students and their families in Hennepin County. The program increases school attendance and improves community connections through a collaborative early intervention that provides educational and support services to school-age youth and their families.

During the 2016 school year, the Be@School Program served 143 youth and their families. Of these, 74% improved their attendance and had no unexcused absences after participating in our program.



Children visit Sin Fronteras Farm and Food to learn how organic food is grown in Minnesota

Raíces Youth Development

Raíces is a year-round, culturally centered youth development program for Latine youth in grades 7-12. The program offers a variety of activities which support healthy lifestyles, academic success, cultural identity and leadership development. The engagement of family and teachers helps ensure students are consistently supported at home, at school and in the community.

In 2016, Raíces served 93 youth at Centro Tyrone Guzman and area schools. A few of the outcomes youth reported last school year include:

- 93% feel proud to be Latine.
- 88% care about doing well in school.
- 88% have adults who are good role models.
- 88% plan ahead and make good choices.
- 82% feel they have support from adults other than their parents.
- 75% feel good about themselves.
- 74% feel they are helping to make their community a better place.



A Raíces parent donated a variety of flowers and garden plants to our program. While replanting them, the youth noticed how many tiny roots each one had. It reminded them of our program's name, and to never forget their raíces (*roots*).

Adult Literacy

In partnership with CONEVyT, Mexican Consulate and the Institute of Mexicans in the Exterior, twenty two adult students worked with tutors to obtain their primary and secondary diplomas in 2016. Four students received their primary diploma and two received their secondary diploma. Sixteen students continue to work with tutors to obtain their diplomas.



Health & Wellness

Centro Tyrone Guzman's programs are framed around the World Health Organization definition of health: "a state of complete physical, social and mental well-being, and not merely the absence of disease or infirmity." With this definition as a guide, we provide Latino families information about the many factors that influence health and support to engage them in shifting behaviors and accessing resources to support optimal health. In 2016, 7,045 individuals participated in the Health and Wellness programs.



Family Nutrition

The Family Nutrition Program provides information and tools to children, caregivers, and educators to support healthy nutrition for children ages 2-12. In 2016, 321 individuals participated in the program. Results from the program include:

95% of participants planned to change their behavior(s) as a result of what they learned.

100% of children who participated in nutrition education programming reported increased knowledge of basic nutrition concepts.

100% of children in the program received healthy meals and snacks.

Healthy Eating

On the first day of nutrition workshops, "Marcos" admitted openly that his diet consisted primarily of meat and tortillas, that he didn't care much for vegetables, and that he loved food! As a husband and father of two young children, he let his wife do almost all of the cooking and grocery shopping. He was skeptical that he would learn anything that would convince him to change his eating habits. However, Marcos kept an open mind and began trying new recipes...only to find that he actually enjoyed most of them (even salads!).

Each week, Marcos shared how he and his family had made changes based on what he had learned the previous week. He also began taking a more active role in grocery shopping and meal planning for his family. Marcos is now proud to be able to help his family make healthy choices, and his new involvement in his family's nutrition is serving as a great role model for his children.

Nosotras Women's Programs

A variety of culturally-sensitive programs and educational workshops focus on supporting the health and well-being of women and their families. Programs include: Health Information and Services; Traditional Healing Training and Workshops; Family Planning Community Educator Trainings; Domestic Violence Prevention Classes; "Tomando Control de su Salud" Chronic Disease Prevention; and Health Education Programs. In 2016, 4,342 individuals participated in the program. A few areas of impact measured include:

100% of program participants received care coordination services.

100% of program participants received help navigating the health care system.

100% of program participants reported being more engaged in their own care.



Maternal Health

Centro Tyrone Guzman provides a comprehensive, culturally affirming and holistic program for Latina women. Centering Pregnancy education and care, meditation, nutrition, assistance with insurance enrollment, car seat safety workshops, resources and referrals provides a supportive and nurturing environment for women, mothers and their newborns.

In 2016, 188 women and 736 family members participated in the program. A few areas of impact measured include:

100% of women and their families were connected to resources or activities that promote their physical, emotional and medical well-being.

99% of women began reducing their stress levels.

100% of infants delivered were healthy.

Centro's Wise Elders

The program provided culturally-responsive, community-based programming and individualized case management to 104 Spanish-speaking Latine immigrant seniors. Program staff worked with community partners to design and use creative approaches, such as: using theater to engage seniors in educating the community about Alzheimer's and dementia; hosting an "Intergenerational Dance Hall" to promote social connectedness across generations; and integrating Latin American traditional medicine into health programming.

A few areas of impact measured include:

97% of elders reported feeling less isolated and lonely.

90% of elders reported participating regularly in physical activities.

90% of elders improved their health and physical fitness.

97% of elders reported regular engagement with people in the community.

Wise Elders Families

Creating awareness about Alzheimer's and Dementia

The program actively engages Twin Cities Latines in creating and sustaining an informed, safe, and respectful environment that supports the health and well-being of individuals with Alzheimer's disease and their caregivers. In 2016, 481 individuals participated in the program. A few areas of impact measured include:

96% of Latines increased knowledge about Alzheimer's disease and dementia.

94% of Latines increased understanding of the 10 warning signs of Alzheimer's disease.

100% of Latine caregivers increased knowledge about Alzheimer's disease/dementia; accessed new resources, and strengthened peer support networks.

Cultural Events

Each year Centro Tyrone Guzman celebrates cultural events that connect community members and help participants carry on important traditions from their countries of origin. In 2016, 2,703 individuals participated in our cultural events.

We celebrated *Día de los Muertos* (Day of the Dead) with a special theatrical production: *El Retorno*, written by Silvia Pontaza, in partnership with Teatro del Pueblo and Mia.



Financial Report

Statement of Financial Position For the year ending on December 31, 2016

Assets

Current Assets	\$ 280,415
Noncurrent Assets	\$ 596,705
Total assets	\$ 877,120

Liabilities

Current Liabilities	\$ 26,349
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Net assets

Unrestricted	\$ 759,697
Temporarily Restricted	\$ 91,074
Total net assets	\$ 850,771

Total liabilities and net assets \$ 877,120

Expenses

Health & Wellness Department

Maternal Health, Nosotras & Family nutrition	\$ 343,975
Food Shelf	\$ 19,384
Wise Elders & Wise Elders families	\$ 203,054

Education Department

Siembra Montessori	\$ 377,549
Youth Development Programs	\$ 373,254

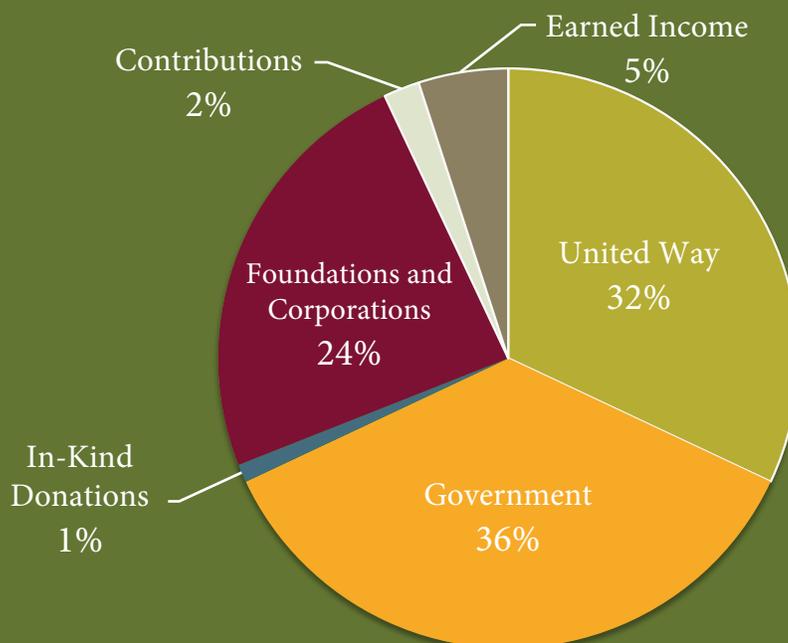
Administration	\$ 101,058
Fundraising	\$ 54,257

Total Expense \$ 1,472,531

2016 Income and Expense Statement

Income:	\$ 1,444,906
Expense:	\$ 1,472,531

Income



Board of Directors

Board Chair, Osiris Guzman
Board Vice-Chair, Iris Ramos
Board Treasurer, Gerardo Morantes
Secretary, Kleber Ortiz-Sinchi
Alexander Anderson-Cazales
Eduardo Rivera
Jean Forster
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Marlon Ferrey
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Maria Gavina
Andrea Grimaldi

Andrea Heras
Emmy Kegan
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Giselle Lora
Natty Morales-Hels
Wendy Moreno
Janet Murillo Martinez
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Melissa Schebloom
Paula Tejero
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Support

Foundations and Corporations

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Allina Health Nicollet Mall Clinic
Amazon Smile Foundation
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Better Way Foundation
Blue Cross Blue Shield of Minnesota
Buuck Family Foundation
Cargill Foundation
Friends of the Institute
Gifts for Seniors
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Greater Twin Cities United Way
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Honeywell
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Stevens Square Foundation
The Amherst H. Wilder Foundation
The K Foundation
The Minnesota Twins Baseball Club
The Prudential Foundation
The Sheltering Arms Foundation
Think Small
University of Minnesota
Warren Foundation
Women's Foundation of Minnesota
Ripley Memorial Fund
Youthprise



Government

City of Minneapolis:
Department of Health and Family Support
Federal Emergency Management Agency
Hennepin County Attorney's Office: Be at School
Metropolitan Area Agency on Aging
Metropolitan Area Agency on Aging: ACT on Alzheimer's
Minnesota Board on Aging
Minnesota Department of Education
Minnesota Department of Health: Eliminating Health Disparities Initiative
Minnesota Department of Human Services
Minnesota Department of Public Safety : Office of Justice –Youth Intervention Programs
Minnesota Historical Society
Minnesota State Arts Board
MNSure
University of Minnesota
USDA - Child and Adult Care Food Program

Individual Donors

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Andrea Barcenas	Natty Morales Hels
Gloria Berg	Norberto Moran
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Héctor Lopez	

Volunteers

Lilian Avila	Anselma Lopez
Tucker Chambers	Gary Ly
Anabel Chavez	Maura McCabe
Emanuel Cruz	Brian McNamara
Elaine Drivas	Teresa Mesa
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Rosa Figueroa	Yolanda Morales
Peter Fomin	Natty Morales Hels
Grace Garvey	Nylce P. Myers
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Carlos Gutierrez	Liliana Percy
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Archelle King-Miner	Macy Robins
Philip Kissling	Ocean Salazar
Alexander Ken	Jessica Schilling
Bert Koehler	Nestor Suria Cordero
Sofia Kurschner	Ricardo Vaquero
Khue Lee	Emily Wallace-Jackson
Carol Leighow	Jennifer Watnns
Linda Lien	Mark Zoia

Special thanks to Mia; Teatro del Pueblo; The Notre Dame Alumni Club; The Mexican Consulate in St. Paul; and the Translating Human Rights Class from Macalester College.



The Notre Dame Alumni Club, The Marines, Toys for Tots and Minnesota Twins Baseball Club sponsored our Annual Christmas party at the Minneapolis Convention Center, where 714 children received gifts and over 1,200 guests celebrated the holidays together.



Sponsored by
Friends of the Institute and
Mia

Artists,
Andrés Guzman,
Leilani Mendoza &
Raíces Youth



GUIDESTAR



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United Way



Centro Tyrone Guzman

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